

WEEKLY STUDY PLANNER

PLAN • PRACTICE • REVISE • TRACK

Student Name:	_____	Class:	_____
Week:	_____	Dates:	_____
Weekly Goal:	_____		

1. WEEKLY TARGETS

Subject	Topics / Chapters to Complete	Practice Target	Revision Target
Physics	_____	_____ Qs	_____
Chemistry	_____	_____ Qs	_____
Biology	_____	_____ Qs	_____
Mathematics	_____	_____ Qs	_____
Other	_____	_____ Qs	_____

2. DAILY STUDY PLAN

Day	Subject 1	Subject 2	Practice / Questions	Revision
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				
Saturday				
Sunday				

3. DAILY STUDY HOURS

Day	Planned	Actual	Difference
Monday	___ h	___ h	___
Tuesday	___ h	___ h	___
Wednesday	___ h	___ h	___
Thursday	___ h	___ h	___
Friday	___ h	___ h	___
Saturday	___ h	___ h	___
Sunday	___ h	___ h	___

WEEKLY PRACTICE & REVISION

Use this page to measure question practice, revision, mistakes and progress.

4. PRACTICE TRACKER

Subject	Questions Planned	Attempted	Correct	Accuracy
Physics	_____	_____	_____	_____ %
Chemistry	_____	_____	_____	_____ %
Biology	_____	_____	_____	_____ %
Mathematics	_____	_____	_____	_____ %
Total	_____	_____	_____	_____ %

Questions I got wrong most often

1.	_____
2.	_____
3.	_____

5. REVISION TRACKER

Topic / Chapter	Revision 1	Revision 2	Revision 3	Status
_____	■	■	■	■ Done
_____	■	■	■	■ Done
_____	■	■	■	■ Done
_____	■	■	■	■ Done
_____	■	■	■	■ Done
_____	■	■	■	■ Done

6. WEAK AREAS TO FIX

Topic	Why I struggled	Action I will take
_____	_____	_____
_____	_____	_____
_____	_____	_____

7. WEEKLY SELF-ASSESSMENT

Area	Rating (1–5)	Area	Rating (1–5)
Concept Understanding	___ / 5	Question Practice	___ / 5
Revision	___ / 5	Time Management	___ / 5
Accuracy	___ / 5	Consistency	___ / 5

This week's biggest achievement:	_____
What I need to improve:	_____
My priority for next week:	_____

8. WEEKLY CHECKLIST

- Completed planned chapters
- Completed question practice
- Revised previous topics
- Reviewed mistakes
- Took a timed test
- Analysed test mistakes
- Planned next week

Planned Hours	Completed Hours	Questions	Accuracy	Overall Completion	Week Rating
___ h	___ h	___ / ___	___ %	___ %	■ ■ ■ ■ ■